



What to Bring to Treatment



What to Bring:

- 2 weeks worth of clothing (under garments, socks etc. gym is optional so feel free to bring work-out attire) (bathing suit in the summer months in order to do an outing like swimming)
- iPod with no internet capabilities and/or camera
- Cigarettes (can be purchased by staff if patient has the funds)
- Credit/debit card or cash
- Toiletries (shampoo, conditioner, deodorant, hair brush, tooth brush etc.)
- Personal ID
- Insurance card
- Non-narcotic prescription medication
- Stamps/Envelopes

What to Leave at Home:

- Vapes and all electronic cigarettes
- Chewing tobacco
- Valuables (jewelry, large amounts of cash)
- Pets
- Pornographic Materials
- Aerosol Hairspray/hair dye
- Alcohol or drug products including perfume/cologne (anything containing alcohol in the first 5 ingredients)
- Electronics with internet access (we encourage you to bring cell phones to travel however they will be locked up upon arrival)
- Weapons of any kind (guns, knives, brass knuckles, chains, razor blades etc.)
- Illegal drugs, Narcotics and Alcohol

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